



ACADIA SENIOR COLLEGE

SPRING 2019

**Online registration begins
January 30th at 1:00 p.m.**

www.acadiaseniorcollege.org

*(postal registrations will be processed
starting at 3:00 p.m. on the same day)*

Courses at a glance

MONDAY

Hooking and Stripping: A Course for Beginners

Instructor: Judith Burger-Gossart

9:30 - 11:30 a.m.

Abbe Museum, Bar Harbor

Introduction to Opera: Part 3

Instructor: Bob Gallon

1:00 - 3:00 p.m.

Birch Bay Village Inn Library, Halls Cove

TUESDAY

Britannia to England: AD 410 to AD 1066

Instructor: Michael Blythe

9:30 - 11:30 a.m.

Birch Bay Village Inn Library, Halls Cove

Maine Political Leaders (1919-2018) and the Movements They Embraced

Instructor: Michael Hastings

9:30 - 11:30 a.m.

Neighborhood House, Northeast Harbor

Joy of Boats

Instructor: Ben Emory

1:00 - 3:00 p.m.

Wendell Gilley Museum, Southwest Harbor

WEDNESDAY

Studio Time: Surface and Shape

Instructor: Liz Cutler

9:30 - 11:30 a.m.

ArtWaves Kaleidoscope Studio, Town Hill

Civil Rights, Then and Now: Part 2

Instructor: Nat Fenton

9:30 - 11:30 a.m.

Northeast Harbor Library

Novels of Patrick O'Brian

Instructor: Ward MacKenzie

1:00 - 3:00 p.m.

St. John Episcopal Church, Southwest Harbor

Tai Chi for Health

Instructor: Andrea Lepcio

1:00 - 3:00 p.m.

Destination Health, Bar Harbor

THURSDAY

2020 Visions: A Discussion

Instructor: Jack Russell

9:30 - 11:30 a.m.

Northeast Harbor Library

DNA, Genes and Genetic Engineering

Instructor: Michael Wiles

1:00 - 3:00 p.m.

Lisa Stewart Women's Health Center, Bar Harbor

FRIDAY

A Look at French Impressionism

Instructor: Mary Burnard

9:30 - 11:30 a.m.

St. Saviour's Episcopal Church, Bar Harbor

MONDAY

Hooking and Stripping: A Course for Beginners

5 - 12 students

6 weeks: March 25, April 1, 8, 15, 22, 29

9:30 - 11:30 a.m.

This is a course for beginners in rug hooking. Class members will make their own hooked rug or mat, learn about the history of rug hooking and the various styles that have emerged over the years. Many men and women have found that this form of self-expression gives them a sense of accomplishment and pleasure in making something that others also enjoy and value. Possible field trip to the Maine Sea Coast Mission or Acadia National Park to view their rug collections.

Instructor: Judith Burger-Gossart has received degrees from Mount Holyoke College, Columbia University Teachers College, and the University of Connecticut School of Social Work. She has curated hooked rug exhibits, written articles and catalogues on rug hooking, and given numerous talks on the subject. She is an author and antique dealer, and designs and makes hooked rugs. Judith and her husband live in Salsbury Cove, Maine.

Site: Community Room, Abbe Museum,
26 Mount Desert Street, Bar Harbor.

Introduction to Opera: Part 3

8 - 20 students

6 weeks: March 25, April 1, 8, 15, 22, 29

1:00 - 3:00 p.m.

We will continue our excursion through the history of opera beginning where we left off in the mid-19th century. We will again use a combination of DVDs and CDs. Some of the operas we'll explore in depth will include Puccini's "La Boheme" and "Il Tabarro", Leoncavallo's "Pagliacci", Tchaikovsky's "Pique Dame", Massenet's "Thais", Stavinsky's "Rakes Progress", Mussorgsky's "Boris Gudunov" and Strauss' "Der Rosenkavalier."

Instructor: Bob Gallon is a clinical and forensic psychologist, a musician, and a recently retired tuba player with the Bangor Symphony Orchestra. He taught psychology at Vassar College and at Thomas Jefferson Medical School. He also taught at College of the Atlantic, and has taught many Acadia Senior College classes.

Site: Birch Bay Village Inn Library, Village Inn Road (off Crooked Road), Hulls Cove.



Photo: George Soules

TUESDAY

Britannia to England: AD 410 to AD 1066

8 - 15 students

5 weeks: April 2, 9, 16, 23, 30

9:30 - 11:30 a.m.

After the Romans left Britannia in AD 410, what became England suffered through the Anglo-Saxon invasions which drove the British into Wales and South-Western England. The national area was divided into six smaller kingdoms: Northumbria, Mercia, East Anglia, Middlesex, Kent and Wessex. These kingdoms fought violently amongst one another until Wessex emerged as the most powerful under King Alfred. This course will begin with the Roman departure and explore the wars among the kingdoms, the arrival of the Vikings, the rise of Anglo-Saxon control, and the eventual invasion by William, Duke of Normandy in AD 1066.

Instructor: Michael Blythe was educated at Rugby School and Balliol College, University of Oxford. After service as a captain in HM Royal Marines, he had a long career in deep water oil field development in the North Sea and Nigeria. He has taught an Acadia Senior College course on the history and technology of offshore oil exploration and drilling.

Site: Birch Bay Village Inn Library, Village Inn Road (off Crooked Road), Halls Cove.

Maine Political Leaders (1919-2018) and the Movements They Embraced

8 - 15 students

6 weeks: April 2, 9, 16, 23, 30, May 7

9:30 - 11:30 a.m.

This course will introduce selected statewide political leaders and examine the movements that they embraced while in office. Leaders will include Percival Baxter, Owen Brewster, Louis Brann, Edmund Muskie, Margaret Chase Smith, Jim Longley and Angus King. Political movements will include: conservationism, nativism, the New Deal and environmentalism. One class session will focus on the rise of independent voters in Maine politics.

Instructor: Michael Hastings studied at Tilton School, Bowdoin College and George Washington University. Over the past 40 years, he has worked on Capitol Hill as a foreign policy specialist, in Africa as a development aid administrator, and in Maine as the director of an organization that promotes research on sustainable aquaculture. He recently retired as Director of Sponsored Programs at the University of Maine where he was also adjunct faculty in the Maine Business School.

Site: Neighborhood House, 1 Kimball Road, Northeast Harbor.

REGISTRATION

January 30 - February 21, 2019

SPRING 2019 CLASSES

March 18 - May 24, 2019

Joy of Boats

5 - 15 students

4 weeks: April 16, 23, 30, May 7

1:00 - 3:00 p.m.

Chat with coastal and ocean sailor Ben Emory about intriguing boats he has owned and enjoyed -- from rowboats to a Hinckley, from Nathanael Herreshoff to current designers and builders. Provided readings will include some of Ben's published writings about his boats. Nat Fenton will join in discussing navigating sailboats across oceans, and Dianna Emory will add perspective on couples cruising. Three classes, plus a field trip to Brooklin Boat Yard and a visit to the WoodenBoat campus culminating with refreshments at the Emorys' cottage overlooking Eggemoggin Reach.

Instructor: Ben Emory received his A.B. from Harvard and M.B.A. from Dartmouth. He has cruised and ocean-raced from Nova Scotia to the Caribbean and across the Atlantic. He has experienced a wide variety of sailboats and rowing craft. A member of the Cruising Club of America and Ocean Cruising Club, he is a former Navy destroyer officer. He is the author of "Sailor for the Wild -- On Maine, Conservation and Boats."

Site: Wendell Gilley Museum, 4 Herrick Road, Southwest Harbor.



Photo: George Soules

WEDNESDAY

Open Studio: Surface and Shape

4 - 14 students

8 weeks: March 20, 27, April 3, 10, 17, 24, May 1, 8

9:30 - 11:30 a.m.

This Introduction to Open Studio class at ArtWaves will focus on gelatin plate mono printing techniques. The course will offer alternating weeks of instructor-lead sessions with weeks of student practice and experimentation. Students will learn how to use a gelatin plate printing process to create decorative papers that can then be employed through various techniques [weave, fold, glue, embellish] to fabricate finished works such as cards, booklets, baskets, banners, masks, and beads. There will be a lot of “what happens ifs,” “hmms,” and “ooooo’s” as we delve into color, surface design, and creating shapes. No experience necessary, all materials included. (Who knows, shared studio space may be your thing!)

Instructor: Liz Cutler’s studies include Antioch College, School of the Worcester Art Museum, Worcester Craft Center, Museum of Fine Arts in Boston, and Harvard, culminating in a BFA from the Swain School of Design in New Bedford. She was selected as a collaborating artist at MDI Biological Lab through “Art in Public Spaces.”

Site: ArtWaves Kaleidoscope Studio, 1345 State Highway 102 (next to Town Hill Market), Town Hill.

Scholarships are available. Please contact ASC for more information!

Civil Rights, Then and Now: Part 2

12 - 25 students;

6 weeks: April 17, 24, May 1, 8, 15, 22

9:30 - 11:30 a.m.

This course will continue the discussion from the Fall 2018 class and explore other civil rights incidents not at all or not fully covered in prior courses (March on Washington, Birmingham Church bombing, James Meredith). The “Now” portion of the course will include Somalis in Maine, separation of children from parents in Native American families as late as 1978, and outspoken sports figures from Muhammad Ali to Colin Kaepernick.

Instructor: Nat Fenton is a graduate of Bowdoin College and Cornell University School of Law. The history behind this course has been a longtime interest of his, and it is one of the reasons he has taught Acadia Senior College classes on Abraham Lincoln and Nelson Mandela.

Site: Mellon Room, Northeast Harbor Library, 1 Joy Road, Northeast Harbor..

REGISTRATION

January 30 - February 21, 2019

SPRING 2019 CLASSES

March 18 - May 24, 2019

Novels of Patrick O'Brian

6 - 10 students;

6 weeks: March 20, 27, April 3, 10, 17, 24

1:00 - 3:00 p.m.

The O'Brian novels follow the career of Captain Aubrey of the British Royal Navy during the period of the Napoleonic Wars and the War of 1812 with the United States. The course will cover "The Surgeons Mate" and "The Ionian Mission." The novels are fictional, but the political and cultural events are carefully researched. The naval battles in the novels are accurately portrayed based on British Admiralty official records.

Instructor: Ward MacKenzie received a B.Sc. degree in Physics from Worcester Polytechnic Institute and a M.B.A. from the Amos Tuck School, Dartmouth College. Ward is a U. S. Sailing certified instructor who has sailed the New England and Nova Scotia coasts, circumnavigated Newfoundland, and navigated the Marion-to-Bermuda Offshore Sailing Race.

Site: Common Room, St. John Episcopal Church, 315 Main Street, Southwest Harbor.



Photo: George Soules

Tai Chi for Health

5 - 20 students

6 weeks: April 3, 10, 17, 24, May 1, 8

1:00 - 3:00 p.m.

Tai Chi embraces the mind, body, and spirit. We will learn Tai Chi Sun style. Our movements are slow and fluid allowing us to gradually strengthen our muscles. Tai Chi for Health is designed for those with arthritis, balance problems, and other chronic conditions. Suitable for all participants and ages. Tai Chi may be performed standing or seated.

Instructor: Andrea Lepcio is a certified Tai Chi for Arthritis Instructor and an ACE certified Personal Trainer. She enjoys bringing her knowledge of body stability, mobility, cardio, and resistance workouts to clients. She trained in mime, ballet, modern and jazz dance for many years and pulls from all of these experiences to tailor exercises to the individual needs of her clients. Blending tai chi, mind/body, high and low intensity cardio, and progressive resistance training, she creates fun and effective workouts. Her energy and sense of fun are contagious.

Site: Destination Health, Bayside Plaza (second floor), 53 Main Street, Bar Harbor.



Photo: Janice Kenyon

THURSDAY

2020 Visions: A Discussion

8 - 20 students

7 weeks: March 28, April 4, 11, 18, 25, May 2, 9

9:30 - 11:30 a.m.

The 2018-midterm elections did not resolve whether Trump and Trumpism are epiphenomenal or an enduring force in American politics. Citizens now seek perspective on our national politics and possible futures. This course presents a seasoned activist's views on what has happened, what is to be done, and what we may achieve or must endure in the next decade. It will be a dialogue in which participants engage contemporary American politics. The first hour will be a robust presentation by the organizer and counter-point by guests; the second will be an open discussion. Seven classes will address: 1) The Present Danger: Trump, Trumpism, and Our American Moment, 2) Class in American History and Past Politics, 3) Race in American History and Past Politics, 4) The Republican and Democratic Parties 1964-2001, 5) The Republican and Democratic Parties 2001-2016, 6) In Our Times: 2016-2019, 7) To 2020 and Beyond: What Is To Be Done?

Instructor: Jack Russell was born and raised on Mount Desert Island. Educated for a tweedy academic life as a literary historian, in the 1960s he redirected his energies to a half-century as community organizer, policy analyst, organizational leader, and single-shingle consultant. Since returning to MDI in 2006, he has worked on conservation, written on national and local politics and regional history, offered ASC courses on Acadian and island history, *Walden* and *Moby Dick*.

Site: Mellon Room, Northeast Harbor Library, 1 Joy Road, Northeast Harbor.

DNA, Genes and Genetic Engineering

10 - 20 students

4 weeks: March 21, April 4, 11, 18

1:00 - 3:00 p.m.

NOTE: there will be NO CLASS on March 28

Learning from last year's course "Genetic Engineering", this new course will concentrate more on understanding the stuff of life – focusing first on the genetic code, used by all living creatures on this planet and how this encodes genes. After we understand these basics, we will move on to natural selection, artificial selection and then to the basics of genetic engineering, including "CRISPR." The aim is to understand what genetic selection has done, what genetic engineering has and *is* doing using the new powerful tools which we now have. A key goal is for participants to be able to look at media reports and begin to distinguish science from pseudoscience. The course will be taught in an open, dynamic manner responding to the individual students' questions, needs and levels.

Instructor: Michael Wiles is a research scientist at The Jackson Laboratory focusing on genetic engineering of mice to create new animal models of human diseases. He holds a Ph.D. in molecular biology and embryonic development and has probably spent too many years in the lab! He taught a genetics course for ASC in 2018 which was an educational experience for him and hopefully for his students.

Site: Lisa Stewart Women's Health Center, 2nd floor, 330 Main Street, Bar Harbor.

FRIDAY

A Look at French Impressionism and its Historical Antecedents

5 - 15 students

8 weeks: April 5, 12, 19, 26, May 3, 10, 17, 24

9:30 - 11:30 a.m.

Avant Garde French Impressionist paintings of the 19th century provided the basis for all contemporary color theory, and subject matter. Today the painters are world famous, their work is treasured by museums and patrons alike and commands prices in the millions of dollars for collectors. Students who are looking to strengthen their understanding of art history and color theory will be interested in this course.

Instructor: Mary Burnard has taught courses for Acadia Senior College since 2002 She has bachelors and masters degrees in art education and art history with work at the doctoral level in adult education. As a painter herself she specializes in American Impressionist Landscape Painting and has exhibited her artwork frequently in Bar Harbor

Site: Parish Hall, St. Saviour's Episcopal Church, 41 Mount Desert Street, Bar Harbor.

Acadia Senior College offers intellectual stimulation, practical knowledge, social interaction, and fun for adults over 50.

REGISTRATION FORM • SPRING 2019

Please use one form per member.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Email: _____

***Online registration opens
January 30th at 1:00 p.m.***

**Registration forms sent by postal mail and
received prior to registration will be processed
starting at 3:00 p.m. on January 30th.**

Course One: _____

Alternate Course: _____

Course Two: _____

Alternate Course: _____

Course Three: _____

Alternate Course: _____

Number of courses you are taking:

___ 1 Course: \$60 ___ 2 Courses: \$95
___ 3 Courses: \$130 ___ 4 Courses: \$165

Total Course Fees: _____

Annual Membership Fee: _____
(\$35 per year, or \$90 for 3 years)

Additional donation: _____

TOTAL DUE: _____

Please make check payable to Acadia Senior College

___ Cash ___ Check ___ Credit Card

Card Number: _____

Expiration Date: _____ CVC Code: _____

Name on Card: _____

ONLINE REGISTRATION

Opens at 1:00 p.m. on January 30, 2019

Closes at midnight on February 21, 2019

www.acadiaseniorcollege.org/courses

- You must be an ASC member to register for courses, and your membership must be active through the end of the term (May 24, 2019).
- Registration is on a first come, first served basis.
- You may register for more than one course online or by postal mail.
- Registration forms sent by postal mail and received prior to registration will be processed starting at 3:00 p.m. on January 30th.
- When registering by mail please fill out the registration form completely. You may list alternate classes in case your first choice(s) is/are filled.
- Registration requests received after February 21, 2019 will be honored with office and instructor approval. In these cases, students must purchase their own books.

IMPORTANT: You must know your user-name and password to login and register for courses online. Please take a moment to login to the website before registration starts. If you need help please call or email.

Acadia Senior College
PO Box 475
Southwest Harbor, ME 04679

207-288-9500
learn@acadiaseniorcollege.org
www.acadiaseniorcollege.org

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Photo: George Soules

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