



ACADIA SENIOR COLLEGE

SPRING 2024

Class Schedule

[CLICK TO REGISTER ONLINE](#)

Opens – 9:00 a.m. on Wednesday, February 7, 2024

Closes – midnight on February 16, 2024

www.acadiaseniorcollege.org/courses

**SPRING 2024 TERM
MARCH 18 – MAY 24, 2024**

Courses at a glance

MONDAY

Civil Rights Voices: Bobo, the Pastor, the Saint, and the Veteran

9:30 – 11:30 a.m.

Mellon Room, Northeast Harbor Library

A Foray into French and Italian Cinema: Part One, the Thirties through the Fifties

1:00 – 3:30 p.m.

Birch Bay Village Inn Library, Hulls Cove

TUESDAY

Birding the Gulf of Maine during the Winter/Spring Transition

8:00 – 11:00 a.m.

Field trips to various locations on or near MDI

Writing a “Legacy Letter”

10:00 – 11:30 a.m.

Zoom class

Consciousness

1:00 – 3:00 p.m.

Machias Savings Bank, Bar Harbor

WEDNESDAY

Natural Hazards

9:30 – 11:30 a.m.

St. John Episcopal Church, Southwest Harbor

Black Holes, the Big Bang, and the Multiverse

9:30 – 11:30 a.m.

Birch Bay Village Inn Library; also on Zoom

WEDNESDAY CONTINUED

Becoming a Savvy News Consumer

1:00 – 3:00 p.m.

MD365, Northeast Harbor; also on Zoom

Bad Poetry

1:00 – 3:00 p.m.

Neighborhood House, Northeast Harbor

THURSDAY

A Deep Dive into Tolkien’s “Lord of the Rings” Book One

9:30 – 11:30 a.m.

Northeast Harbor Library; also on Zoom

Creating Textured Art

10:00 a.m. – Noon

ArtWaves Studio, Town Hill

The Forest Society of Maine: 40 Years of Intense Forest Conservation

1:00 – 3:00 p.m.

Wendell Gilley Museum, Southwest Harbor

Plant-derived Medicines: the Good, the Bad, and the In-between

1:30 – 3:30 p.m.

Machias Savings Bank, Bar Harbor

FRIDAY

iPhone Photography

9:30 – 11:30 a.m.

Birch Bay Village Inn Library, Hulls Cove

Guitar Refresher

10:00 – 11:30 a.m.

St. John Episcopal Church, Southwest Harbor

Monday Classes

Civil Rights Voices: Bobo, the Pastor, the Saint, and the Veteran

Mondays, 9:30 – 11:30 a.m.

5 weeks: April 8, 15, 22, 29, May 6

10 –25 students

Site: Mellon Room, Northeast Harbor Library, 1 Joy Rd, Northeast Harbor

Many say that the Civil Rights movement in the United States applied from 1953 to 1968. But Ethel Morgan Smith has written a new book entitled “Path to Grace - Remembering the Civil Rights Movement.” The author “introduces readers to new witnesses and largely neglected voices.” We will include some who may be familiar and some who may be unknown, but you and I will not neglect any of these voices.

Instructor: Nat Fenton began his education in Bar Harbor, followed by prep school at St. Mark’s School, college at Bowdoin, and law school at Cornell University. Nat has taught courses at MDI High School on Celestial Navigation, and classes for Acadia Senior College on Nelson Mandela, Abraham Lincoln, the America’s Cup, and Civil Rights.



*Emmett Louis “Bobo” Till and his mother Mamie Till-Mobley, ca 1954.
NAACP Records, Prints and Photographs Division, Library of Congress*

Monday Classes Continued

A Foray into French and Italian Cinema: Part One, the Thirties through the Fifties

Mondays, 1:00 – 3:30 p.m.

6 weeks: March 25, April 1, 8, 15, 22, 29

12 – 16 students

Site: Birch Bay Village Inn Library, off Crooked Road, Hulls Cove

In part one of this course we'll view and discuss films by directors Jean Renoir, Vittorio De Sica, Federico Fellini, Giuseppe De Santis, Jacques Tati and Henri-Georges Cluzot. These guys created some remarkable masterpieces of cinema between 1938 and 1958 and it will be a pleasure to share them with you. Subtitles provided at no extra charge!

Instructor: Steve Powell adopted Mount Desert Island in 1982 and remains pleased with that decision after 40 years. He has conducted a number of cinema and literary classes for Acadia Senior College in the last 15 years. He is convinced that, next to the printing press, the movie camera is the most important human invention of all time.

Acadia Senior College offers intellectual stimulation, practical knowledge, social interaction, and fun for adults over 50.

Tuesday Classes

Birding the Gulf of Maine during the Winter/Spring Transition

Tuesdays, 8:00 – 11:00 a.m.

Classes will meet on five non-consecutive Tuesdays: March 19 and 26, April 16 and 23, May 14
5 – 20 students

Site: Field trips to locations on or near Mount Desert Island

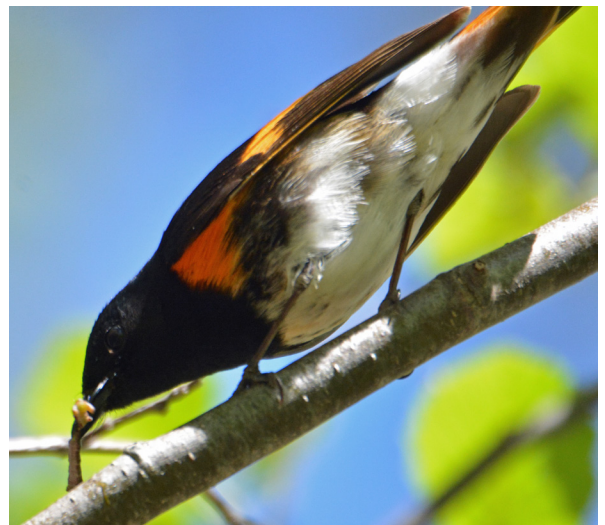
The objectives of this course are to introduce students to the birds of the “Down East” region of Maine, their interaction in the rich Gulf of Maine ecosystems and an understanding of its biological diversity and unique ecology. Students will learn how to identify birds of terrestrial, marine and pelagic habitats by studying their biology, ecology, behavior and migration patterns in the field. We will learn extensive field identification techniques to facilitate identification of a variety of bird species from families common along the Down East coast of Maine, as well as species in families unique to this region. Field observations will also be used to identify various bird guilds, and to study avian habitat use across different landscapes.

Each class will meet at (or carpool to) a local birding hotspot to study bird behavior, identification, and communication. We will be walking on uneven surfaces, though for the most part, we will try to keep on even ground. In Maine, this is not always possible. Directions to each location will be provided by the instructor.

Instructor: Michael Good has over 35 years of experience studying the birds of North America and brings a wealth of knowledge about Neotropical migrants and the avifauna of the Eastern United States. He has a MS from Utrecht University in the Netherlands and a BA from Earlham College. While at Utrecht University he had the opportunity to diversify his knowledge of birds and study them throughout Europe. Michael is the founder of the Acadia Birding Festival, now in its 24th year, and is the President of Down East Nature Tours in Bar Harbor, a bird-watching and nature tour company started in 1993 out of concern for public Ecology-based education.

Michael is a Registered Maine Guide, a guide for Naturalist Journeys based in Portal, AZ, the founder and one of six participating organizations developing the Penobscot Watershed Eco Center in Bar Harbor, Maine which focuses on river and stream restoration and the importance of sea-run fish for a healthy Gulf of Maine, and the founder of the Warblers and Wildflowers Festival (1998-2007).

Since 2002, Michael has been a birding diplomat in Cuba which is vitally linked to Mount Desert Island through the breeding birds in Maine who winter or stopover. He is currently one of the top eBird contributors in Cuba and Hancock County, Maine.



Tuesday Classes Continued

Writing a “Legacy Letter”

Tuesdays, 10:00 – 11:30 a.m.

4 weeks: April 2, 9, 16, 23

4 – 10 students

Site: Offered on Zoom only

A legacy letter is a written document that allows you to share your life lessons, express your values and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends and loved ones. This course includes discussion and brief writing exercises to help you examine your life history, explore your values and complete your own legacy letter.

This course is a collaboration with Penobscot Valley Senior College with students from both colleges participating.

Instructor: Jay Sherwin has practiced law, given away money for five charitable foundations and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy writing. Jay has extensive experience facilitating adult learning programs and he has taught this course for adult learning programs nationwide.

Consciousness

Tuesdays, 1:00 – 3:00 p.m.

4 weeks: March 19, 26, April 9, 16 (Note: no class April 2)

5 – 25 students

Site: Machias Savings Bank, 96 Cottage Street, Bar Harbor

This course will review multiple perspectives on consciousness, its characteristics, how it emerges, and its implications for humans. It will provide an overview of American pragmatism perspectives, cognitive psychology approaches, and neuroscience analyses. Each of these raise interesting issues about what human consciousness is, its evolutionary purpose, and its human implications. Class presentations and discussion will outline the biological-symbolic nature, personal-social characteristics, self-other awareness, auto-biographical memory, language, and core-extended dimensions of human consciousness. Selected readings, provided as PDFs, and in Power-Point presentations followed by time for discussion of these ideas, should provide an interesting format for self-reflection and extended personal consciousness.

Instructor: John Sherblom, PhD, professor emeritus, taught at the University of Maine for 30 years, and has published numerous articles and three books in the areas of interpersonal, group, and computer-mediated communication. Much of his work examines the relationship of interpersonal communication to the experiences of psychological stress, self-esteem, and hope. His current interests are in examining the influence of relational communication on personal consciousness.

Wednesday Classes

Natural Hazards

Wednesdays, 9:30 – 11:30 a.m.

8 weeks: April 3, 10, 17, 24, May 1, 8, 15, 22

5 – 18 students

Site: The Undercroft in St. John Episcopal Church, 315 Main Street, Southwest Harbor

We will discuss natural hazards like earthquakes, volcanoes, tsunamis, landslides, and stream & coastal flooding. Time permitting, we will also cover wildfires and impacts from space objects. The course will be a combination of lecture and discussion with the possibility of a field trip related to coastal flooding and landslides. Ruth will start each lecture giving the geologic background of the hazard. Then Duane will discuss the pros and cons of the ways that human risk can be reduced from that hazard.

Instructors:

Ruth Braun holds a MSc Degree from Johns Hopkins University. She taught junior and senior high school science. Ruth was a professor at Bloomsburg University where she taught environmental geology, physical geology, and historical geology, and map skills. She has taught Geology classes for Acadia Senior College and, with Duane, is the coauthor of Guide to the Geology of Mount Desert Island and Acadia National Park.

Duane Braun holds a PhD from Johns Hopkins University and was a Geosciences Professor at Bloomsburg University, Pennsylvania from 1975 - 2008, where he taught Environmental and Physical Geology, Geomorphology, Hydrogeology, and Field Geology. He also mapped the glacial deposits of a 9000 sq. mi. area of northeastern Pennsylvania for the state Geologic Survey, taught Geology for Acadia Senior College, and revised the geologic maps of MDI for the Maine Geologic Survey. Duane and Ruth Braun are coauthors of Guide to the Geology of Mount Desert Island and Acadia National Park.



*Kilauea Fissure 8 cone erupting on
6-28-2018*

*United States Geological Survey, Public
domain, via Wikimedia Commons*

Wednesday Classes Continued

Black Holes, the Big Bang, and the Multiverse

Wednesdays, 9:30 – 11:30 a.m.

6 weeks: April 3, 10, 17, 24, May 1, 8

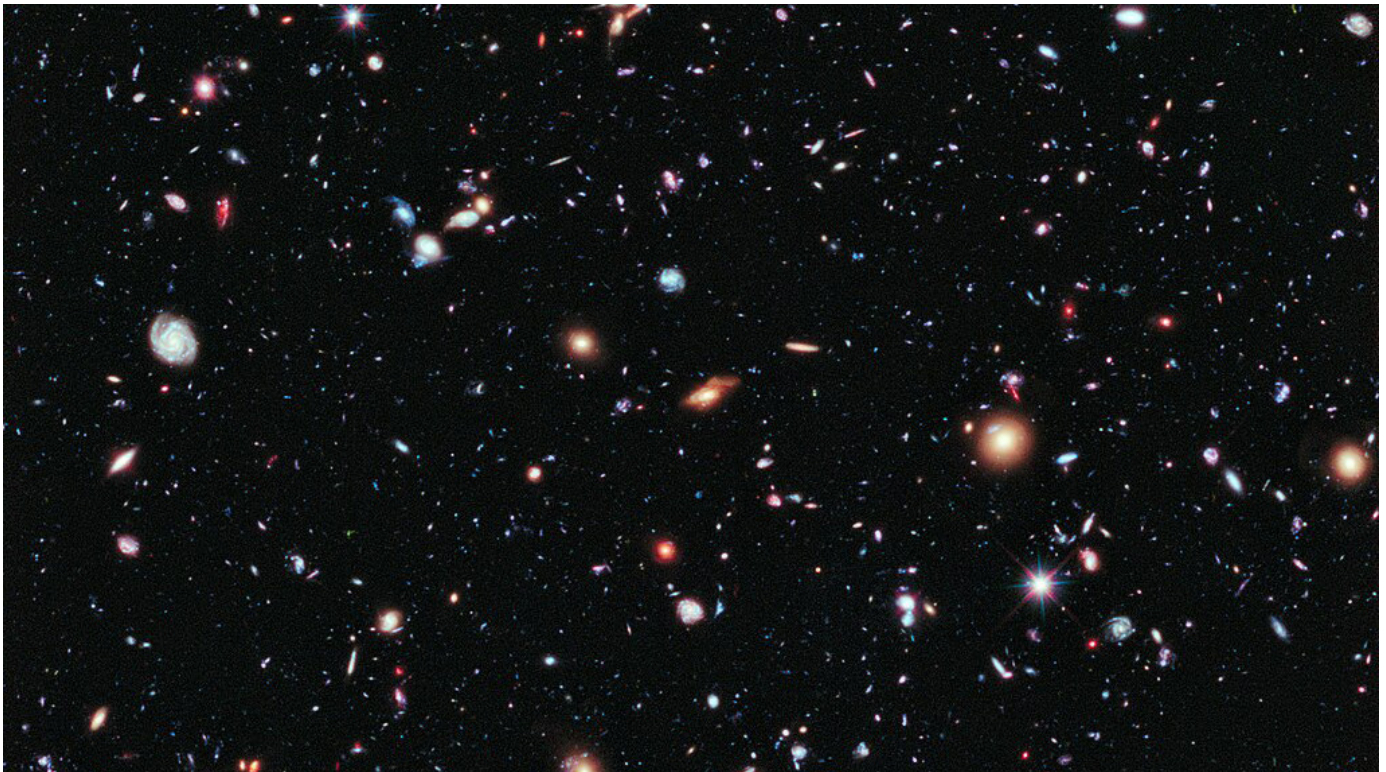
8 – 20 students in-person, plus 2 – 8 students online

Site: Birch Bay Village Inn library, off Crooked Road, Hulls Cove; also on Zoom

NOTE: This is a HYBRID class and will be offered in-person and on Zoom at the same time. When registering, please choose either the in-person or the Zoom section - they are listed separately on the website.

Black Holes, the Big Bang, and the Multiverse are the three biggest enigmas in cosmology. We have only become aware of them over the past century, but we cannot actually “see” any of them. What we know is mostly driven by theory. In this course, we will grapple with these ideas by reading “Before the Big Bang” by Cosmologist Laura Mersini-Houghton. She will provide the theory, I will provide the history and you the discussion.

Instructor: Bob Gallon is a clinical and forensic psychologist who is also a musician. He was the tuba player for The Bangor Symphony Orchestra for 35 years. He has taught approximately 25 courses for Acadia Senior College, including three on Cosmology.



The Hubble eXtreme Deep Field, NASA, ESA, G. Illingworth, D. Magee, and P. Oesch (University of California, Santa Cruz), R. Bouwens (Leiden University), and the HUDF09 Team, Public domain, via Wikimedia Commons

Wednesday Classes Continued

Becoming a Savvy News Consumer

Wednesdays, 1:00 – 3:00 p.m.

4 weeks: March 20, 27, April 3, 10

4 – 18 students in person, plus 4 – 28 online

Site: MD 365, 6 Old Firehouse Lane, 2nd floor, Northeast Harbor; also on Zoom

NOTE: This is a HYBRID class and will be offered in-person and on Zoom at the same time. When registering, please choose either the in-person or the Zoom section - they are listed separately on the website.

Are you a savvy news consumer? Do you recognize spin when you see it? Especially in a Presidential election year being able to see clearly through the fog of political warfare is vital. It is doubly important where budget cuts, staffing shortages, increasing partisanship and slipping ethical standards leave readers, viewers and listeners increasingly on their own when it comes to getting to the truth.

Over four classroom sessions this class will explore the world of journalism, fundamental precepts, techniques, the whys and wherefores, libel, source ethics, freedom of information laws, conflicts of interest, how to spot bias, the business of journalism and how to put together press releases to get the word out for your cause or organization.

Note: students will need internet access.

Instructor: Now retired, **Earl D. Brechlin** of Bar Harbor, was the founding editor of the award-winning Mount Desert Islander. He was inducted into the Maine Press Association Hall of Fame in October of 2022. A Registered Maine Guide, Brechlin is a former Maine Journalist of the Year and is the author of eight books including a Maine bestseller and a book of Northwoods essays that won the John Cole Award for Maine-themed nonfiction. He served as an adjunct faculty member in Journalism at College of the Atlantic for 17 years and is a former board member of the Island Housing Trust and former board member and instructor for the Acadia Senior College. He is the recent past President of the Bar Harbor Historical Society and currently serves on the Bar Harbor Town Council. He has also served on the Bar Harbor Planning Board, Warrant Committee and the Conservation Commission.

Wednesday Classes Continued

Bad Poetry

Wednesdays, 1:00 – 3:00 p.m.

5 weeks: March 20, 27, April 3, 10, 17

5 – 12 students

Site: Upstairs room in the Neighborhood House, 1 Kimball Road, Northeast Harbor

This course is a creative writing workshop. Each student will write at least one bad poem. Students may opt to share their work with the entire class, have their work discussed anonymously, reviewed by the instructor only, or keep their work to themselves entirely. Shared poems will be distributed to the class and discussed at the next meeting.

We shall also read and discuss a number of bad poems (selected from the trove of bad poetry published over the past five centuries), considering lyric and narrative style. Note: The course is open to all levels — beginning, intermediate, and advanced writers of bad poetry.

Students are encouraged to bring a bad poem of their own to the first class meeting.

Instructor: Marcy Willow, BA, MFA, is an award winning author of fiction and poetry. She taught literature and writing at the university level for twenty-five years, and has edited numerous works of fiction and non-fiction.

*Scholarships are available.
Interested in a class, but need some financial help?
Easy and confidential – please contact ASC for more information!*

Thursday Classes

A Deep Dive into Tolkien's "Lord of the Rings" Book One

Thursdays, 9:30 – 11:30 a.m.

6 weeks: March 21, 28, April 4, 11, 18, 25

8 – 40 students in person, plus 5 – 15 online

Site: Mellon Room in Northeast Harbor Library, 1 Joy Road, Northeast Harbor; also on Zoom

NOTE: This is a HYBRID class and will be offered in-person and on Zoom at the same time. When registering, please choose either the in-person or the Zoom section - they are listed separately on the website.

Tolkien drew from other great myths of the world - Celtic, Norse, Finnish, Greek, and Indian - to create the Lord of the Rings. His goal was to write a myth for the "northern" people, and he did so borrowing from many other traditions. This is not unlike what Homer and other great writers of the past did with their mythic tales. Some mistake the LOTR for a simple tale of fantasy. The instructor will build the case that this is a literary masterwork of the 20th Century and fits well with the epic tales that Joseph Campbell's refers to as "The Hero's Journey". This narrative comes in "medias res" and is but a fragment from a vastly longer tale, what some refer to as Tolkien's "legendarium," chronicled in a 12-volume set, "The Histories of Middle Earth."

A teacher comes in handy with the LOTR because Tolkien only shares hints of his "legendarium." Richard will endeavor to fill in significant connections that exist on nearly every page of the novel that refer to the history and greatly enhance the meaning of this mythological realm. This course will be the first of three to cover the entire novel. Classes will include lectures with specific references to numerous passages in the novel, as well as ample time for questions and discussion.

Instructor: In addition to being a Yoga and meditation teacher, **Richard Parker** has taught literature, religion, and spirituality since 1977 and holds a Doctorate in Education from the University of Pennsylvania. He has taught Tolkien's novel in great depth previously.

Thursday Classes Continued

Creating Textured Art

Thursdays, 10:00 a.m. – Noon

6 weeks: April 18, 25, May 2, 9, 16, 23

10 – 12 students

Site: ArtWaves Studio, State Highway 102, next to Town Hill Market, Town Hill

In this course, we will have fun learning the alchemy and techniques of creating textured art. Through demonstrations and hands-on-activities, we will use paper, fabric, mixed mediums, found objects, collage and stitch to build layers, composition, depth, details and interest to our individual art pieces. We will discuss simple stitching techniques and traditional practices old and new; from Japanese Boro, Kantha from India, and the skills of mending, quilting, darning and needlepoint stitches and how they can creatively be used to add depth and interest to your art.

Over the six-week course, students will work on several projects using the techniques presented, while finding their own style and definition for their compositions. As in my previous art classes, we will break free of traditional art boundaries between mediums and genres. No sewing or art experience required, just come with an open mind to experiment, create, slow down and most of all....play!

Instructor: Bonnie Chase holds an undergraduate degree in Biology and Botany and a MS in Environmental Science from Montclair State University, NJ. Throughout her careers in teaching, as Executive Director of the Cora Hartshorn Arboretum and Nature Center, as Master Naturalist, and leading Natural History Tours in Central and South America, she has always encouraged her students to explore the natural world through a creative lens. Bonnie previously taught the ASC course, A Sense of Place: Printing and Dying with Spring Botanicals.



Thursday Classes Continued

The Forest Society of Maine: 40 Years of Intense Forest Conservation

Thursdays, 1:00 – 3:00 p.m.

4 weeks: April 11, 18, 25, May 2

10 – 18 students

Site: Wendell Gilley Museum, 4 Herrick Road, Southwest Harbor

Forests have for millennia been central to the welfare of people inhabiting what we call Maine. In 2024 the Forest Society of Maine celebrates forty remarkable years as the land trust for the North Woods, working with impressive success to preserve the forests' ecological, economic, cultural, and recreational values. Operating in a period of rapid change in timberland ownership, political attitudes, funding sources, and environmental conditions, it has skillfully cooperated with a wide array of stakeholders and partners, including from the woods products and recreation industries, timberland owners, the land conservation world, science and academia, government, and the Wabanaki.

The Forest Society of Maine now oversees conservation easements protecting over one million acres of forest land, 90% being land managed for timber production, the other 10% ecological reserves. Its completed projects make fascinating, inspirational case studies, especially as we deal with the challenges of a warming climate and the loss of biological diversity. This course will explore FSM's history, some of its most interesting projects, the land conservation techniques it has used – especially conservation easements, the people and partner organizations and agencies who have participated, and what may lie ahead

Instructor: Ben Emory served on the Forest Society of Maine's original board of directors and is now married to its president/CEO, Karin Tilberg. He is a former executive director of Maine Coast Heritage Trust and the Land Trust Exchange, represented The Conservation Fund in Maine, and has served on the Land for Maine's Future Board, Acadia National Park Advisory Commission, and Blue Hill Heritage Trust and Downeast Coastal Conservancy boards. He has previously taught courses for ASC on both land conservation and boats. Ben received his AB from Harvard and MBA from Dartmouth. He is the author of "Sailor for the Wild – on Maine, Conservation and Boats."



Thursday Classes Continued

Plant-Derived Medicines: the Good, the Bad, and the In-between

Thursdays, 1:30 – 3:30 p.m.

4 weeks: April 11, 18, 25, May 2

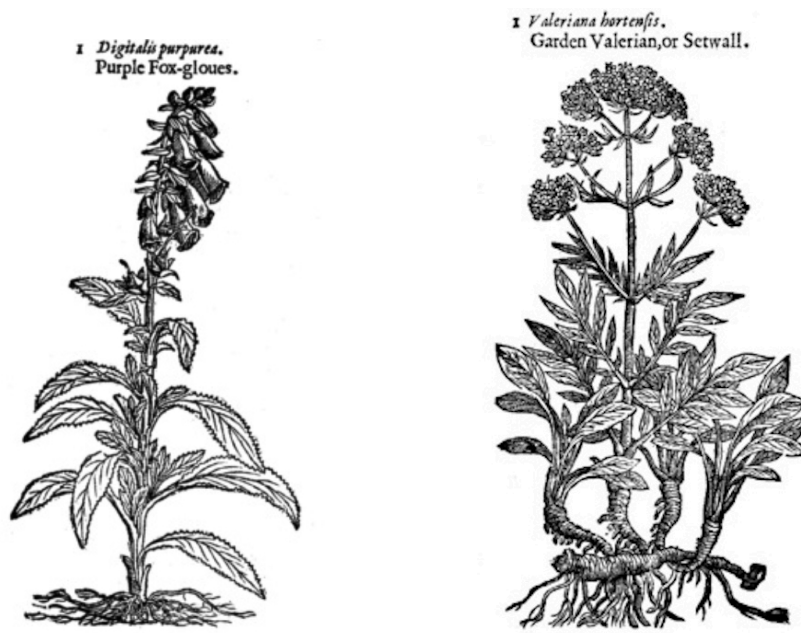
5 – 15 students

Site: Machias Savings Bank, 96 Cottage Street, Bar Harbor

Plant-derived medicines have an ancient history. Developed through animal observation, cultural memory, and trial-and-error, humans assembled a wide variety of plant-based remedies to treat diseases, wounds and to promote overall health. Many of these plants (e.g., foxglove, mullein, mayapple, valerian, sweet clover, wormwood, barberry, etc.) are today found in our gardens and yards or in surrounding woods and fields. A number of herbal medicine plants used years ago are now no longer a source for drugs, but still have fascinating stories to tell. In this course we will examine a potpourri of plant-derived medicinal compounds and explore historical and cultural impacts as many of these plants and compounds found a place in literature, music, and folklore. For example, did you know that Sir Edward Elgar wrote a cantata on Mrs. Winslow's Soothing Syrup, a morphine-containing patent medicine with origins in Bangor, Maine? Mrs. Winslow's Soothing Syrup, unfortunately had a dark side, as do numerous plant-derived compounds.

Please join me in exploring this fascinating topic.

Instructor: David Gapp has a BS and MA in Biology from College of William and Mary, received his PhD from Boston University, and conducted postdoctoral research at the Jackson Laboratory. David was a Biology Professor at Hamilton College where he taught Biology of Reproduction, Food for Thought, Vertebrate Physiology, General Endocrinology, and Integrative Animal Biology courses for 40 years. David has taught three courses through the Acadia Senior College.



Friday Classes

iPhone Photography

Fridays, 9:30 – 11:30 a.m.

4 weeks: May 3, 10, 17, 24

6 – 12 students

Site: Birch Bay Village Inn Library, off Crooked Road, Hulls Cove

Today's iPhones are more powerful and produce better images than the cameras that professional photographers were using less than 10 years ago. In this class you will learn how to take better pictures by making the most of your iPhone camera's features, many of which you might not know about or fully understand. You will get to practice your new skills during class. The class will focus on taking still pictures, but will also touch on video, photo editing, and managing your photos. It will also explain how digital cameras work and demystify terms like megapixels, optical zoom, HDR, and Live Photos.

The class will cover camera features available in all iPhones as well as new features in the latest models including the iPhone 15 Pro. No photography or iPhone expertise is required, but an iPhone 10, or iPhone SE 2nd generation, or newer model, with iOS 17 is recommended.

Instructor: George Soules is a software architect and photographer. He brings to this course a career in technology, a lifelong passion for photography, and professional experience in both fields that brings the two together. George says "I love my iPhone because it's always with me, and with the right know-how, can produce fantastic images."

Friday Classes Continued

Guitar Refresher

Fridays, 10:00 – 11:30 a.m.

4 weeks: April 5, 12, 19, 26

3 – 6 students

Site: The New Meeting Room in St. John Episcopal Church, 315 Main Street, Southwest Harbor

Dust off the guitar and be pleasantly surprised at how much you remember. This class will go over basics, give exercises to strengthen hands and to renew flexibility. Questions about specific songs or riffs are welcome (though maybe not immediately) as are questions of theory, notation and tab. Your guitar is waiting to be loved again.

Students should have a guitar, and amp if using electric.

Instructor: Weslea Sidon has been teaching guitar to children and adults for 50 years. She has worked with adults as old as 90. She taught at The Guitar Workshop and Greenwich House Music School in New York and Guitar Intensives and SFOA, as well as privately, in Maine.



Public domain, via Wikimedia Commons

MORE INFORMATION

- You must be a current ASC member (or a member of another senior college) to register for courses.
- Your membership must be active through the end of the term (May 24, 2024).
- Registration is first come, first serve.
- You may register for more than one course.
- Tuition for the first course is \$60; additional courses are \$35 each.
- When registering online, you may pay with a credit card or choose to send a check.
- Registration by phone or email will be only be processed beginning at 10:00 a.m. on November 29th (one hour after registration opens) as space permits.
- Registration requests received after February 16, 2024, may be honored with instructor approval. In these cases, students must purchase their own books, if applicable.
- If a class has assigned books, they will be available for pick up at Sherman's in Bar Harbor one to two weeks before the start of the term. We will notify you when they are available. **Books and supplies are included in your course fee.**
- **For Zoom classes with an assigned book, students who are out of the area will be responsible for purchasing their own book, but may request reimbursement from ASC. Local Zoom students may still pick up their books at Shermans. ASC does not mail books.**

Member of another senior college? Please call or email to register.

Instructor using a course credit? Contact ASC before registration so we can give you a credit. When you register, the credit will be applied automatically on the checkout page. **Forgot to contact us before registration?** Go ahead and register online as usual and choose "Pay by check." Then contact the office to confirm your registration.

ONLINE REGISTRATION

Opens – 9:00 a.m. on Wednesday, February 7, 2024

Closes – midnight on February 16, 2024


www.acadiaseniorcollege.org/courses

**SPRING 2024 TERM
MARCH 18 – MAY 24, 2024**

Scholarships are available. Please contact ASC for more information!

HOW TO REGISTER ONLINE

**Registration opens at 9:00 a.m. on Wednesday, February 7th
and closes at midnight on February 16th
www.acadiaseniorcollege.org/courses**

1. Log in to your ASC account.
2. Go to acadiaseniorcollege.org/courses.
3. Review the class offerings.
4. Click  **Enroll** below the course description. Please note that the Enroll link does not display until registration opens at 9:00 a.m.
5. Once you have enrolled in the class(es) you want, click the “Go to your cart” link in the upper right of the screen. This will take you to the Enrollments screen where you can choose to pay by credit card or by check.

IMPORTANT

**You must know your username and password to log in and register for courses online.
Please take a moment to log in to the website before registration starts.
If you need help please call or email.**

The Enroll link does not display until registration opens at 9:00 a.m.

*Acadia Senior College offers intellectual stimulation, practical
knowledge, social interaction, and fun for adults over 50.*

Acadia Senior College
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www.acadiaseniorcollege.org