



ACADIA SENIOR COLLEGE



WINTER 2019

**Online registration begins  
November 1<sup>st</sup> at 10:00 a.m.**

**[www.acadiaseniorcollege.org](http://www.acadiaseniorcollege.org)**

*(postal registrations will be processed  
beginning November 4th)*

## **Courses at a glance**

### **MONDAY**

#### **Myth, Psyche, and Us**

Instructor: William Bigelow

9:30 - 11:30 a.m.

St. John Episcopal Church, Southwest Harbor

#### **Eat Bread and Salt and Speak the Truth: Russian Stories and Essays**

Instructor: Seth Singleton

1:00 - 3:00 p.m.

Northeast Harbor Library

#### **Introduction to Wine**

Instructor: Scott Worcester

7:00 - 9:00 p.m.

Sips Restaurant or Sawyer's Specialties, SWH

### **TUESDAY**

#### **Lessons from Indigenous Cultures for Mankind Today**

Instructor: Richard Parker

9:30 - 11:30 a.m.

Abbe Museum, Bar Harbor

#### **Bicycle Repair**

Instructors: Bob Shields and Eben Shook

5:30 - 7:30 p.m.

Southwest Cycle, Southwest Harbor

*Cover Photo: Ray Yeager*

## WEDNESDAY

### **Becoming a Better Photographer**

Instructor: Bob Thayer

9:30 - 11:30 a.m.

Camden National Bank, Town Hill

### **Beginning Italian - Level 1**

Instructor: Hank Schmelzer

9:30 - 11:30 a.m.

Southwest Harbor Public Library

## THURSDAY

### **Island and Acadian Passages, Part II: Conservation to Resilience**

Instructor: Jack Russell

9:30 - 11:30 a.m.

Northeast Harbor Library

### **Shakespeare: Fun and Adventures with Prince Hal and Falstaff**

Instructor: Ann Caswell

1:00 - 3:00 p.m.

Southwest Harbor Public Library

### **Bird Carving with a Knife**

Instructor: Steven Valteau

1:00 - 4:00 p.m.

Wendell Gilley Museum, Southwest Harbor

## NO FRIDAY CLASSES

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## REGISTRATION

November 1 - November 30, 2018

## WINTER 2019 CLASSES

January 7 - February 27, 2019

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# MONDAY

## Myth, Psyche, and Us

3 - 12 students

6 weeks: January 14, 21, 28, February 4, 11, 18

9:30 - 11:30 a.m.

Who or what are the gods and goddesses? Why do their stories, after 3,000 years, continue to connect us with wisdom and meaning? Using the insights of psychiatrists Carl Jung and Jean Shinoda Bolen we will explore mythology and what the gods and goddesses have to do with our lives in the 21st century. No previous knowledge of mythology or psychology is necessary.

**Instructor: William Bigelow** has a M.Div. degree from Andover-Newton Theological School and studied for five years at the C. G. Jung Institute, Boston. For thirty years, he served as minister and pastoral counselor for several churches on Mount Desert Island. This course is his eighth for Acadia Senior College.

**Site:** Common Room, St. John Episcopal Church, 315 Main Street, Southwest Harbor.



*Photo: Donna Reis*

## Eat Bread and Salt and Speak the Truth: Russian Stories and Essays

7 - 15 students

5 weeks: January 7, 14, 21, 28, February 4

1:00 - 3:00 p.m.

Russians know their own country, its ideas and moral compass, its angels and its demons, its struggles and tribulations, through Russian writers. We will read stories and essays from the brilliant 19th and 20th century Russian tradition, by Gogol, Dostoevsky, Tolstoy, Chekhov, Babel, Berdyaev, Shalamov, and Solzhenitsyn, and flavor with poems by Pushkin, Blok, Mayakovsky, Pasternak, and Akhmatova. We will meet to provide some cultural background and historical context and, mostly, to discuss the reading. This will be a real discussion class: do the reading and share your ideas.

**Instructor: Seth Singleton** studied Russian History and Literature at Harvard, where his tutor set him to work translating Russian poetry and trying to understand Dostoevsky. Seth later defected to study international relations at Yale. Seth has traveled to the Soviet Union with the Yale Russian Chorus, worked on Soviet foreign policy at the Harvard Russian Research Center, visited most of the former Soviet countries, and lived and taught in Yekaterinburg and St. Petersburg as the Soviet Union came apart. Because they are the best way to understand Russia and Russians, he has used many of the texts for this class in courses at several universities over fifty years, including at the University of Maine, where he now teaches international affairs.

**Site:** Mellon Room, Northeast Harbor Library, 1 Joy Road, Northeast Harbor.

## Introduction to Wine

8 - 15 students

7 weeks: January 7, 14, 21, 28, February 4, 11, 18

7:00 - 9:00 p.m.

Class participants will learn about the art of tasting wine, the grape varieties that are most important around the world, the best places to travel and the best books to read to increase comfort levels with wine in a fun, relaxed setting.

**Instructor: Scott Worcester** has been in the wine business for over 25 years, and owns Sawyer's Specialities in Southwest Harbor. He has travelled to France, Italy, Spain, Austria, New Zealand, California, Oregon, and New York State on wine buying and tasting trips. He has been the VP of the Maine Wine Retailers Association and has taught numerous ASC wine courses.

**Site:** Sips Restaurant or Sawyer's Specialties, Southwest Harbor.



*Photo: Sydney Roberts*

# TUESDAY

## Lessons from Indigenous Cultures for Mankind Today

8 - 18 students

6 weeks: January 8, 15, 22, 29, February 5, 12

9:30 - 11:30 a.m.

This class will examine how humans went from hunter-gatherer cultures to agricultural and how this shift meant we moved from “we” or “leaver” cultures to “me” or “taker” cultures. Some discussions will focus on which elements might be critical for civilization now and in the future. We will read Daniel Quinn’s book, “Ishmael” to examine the change from “leaver” to “taker” culture as agriculture took over. Then we will read Laurens Van Der Post’s “The Heart of the Hunter” to look at Bushman culture, one of the first “leaver” cultures on the planet. Finally, we will read Richard Erdoes’ “Lame Deer, Seeker of Visions”, as a window into Lakota beliefs. The instructor has decades of first hand experience with the Lakota people, as well as 7 months with indigenous people in Kenya in the early 70’s. An additional and fully optional half hour will be used each week to instruct those interested in meditation techniques used by “leaver “ culture people.

**Instructor: Richard Parker** holds a doctorate in Education from Penn, a master’s degree from Dartmouth, and B.A. degrees in Religion and English from Middlebury. He taught English for thirty-five years in independent schools and was Head of School at Chestnut Hill Acadmey. A major focus of his teaching currently is in yoga, meditation, and modern shamanism.

**Site:** Community Room, Abbe Museum,  
26 Mount Desert Street, Bar Harbor.



## Bicycle Repair

4 - 8 students

5 weeks: January 29, February 5, 12, 19, 26

5:30 - 7:30 p.m.

This course will emphasize the maintenance and repair of the participants' own bikes. The course will cover all components of a bike from headset to derailleurs. It will be a chance to bring newer bikes into as-new condition and to refurbish that forlorn old clunker hidden in the garage so that, at least, it does not scare you to ride it. Tools and supplies will be available at dealer cost.

**Instructors:** **Bob Shields** has owned and operated Southwest Cycle in Southwest Harbor for more than 25 years. **Eben Shook** is the Head Mechanic at Southwest Cycle and a graduate of United Bicycle Institute. Eben has 12+ years of experience in the bicycle industry.

**Site:** Southwest Cycle, 370 Main Street, Southwest Harbor.



*Photo: Kenn Chandler*



# WEDNESDAY

## Beginning Italian - Level 1

8 - 10 students

8 weeks: January 9, 16, 23, 30, February 6, 13, 20, 27

9:30 - 11:30 a.m.

Learn to speak basic Italian in an engaging and stimulating environment. Develop skills in the basics of Italian grammar, pronunciation, spelling and conversation. Each class will include speaking Italian in simple sentences and building on this skill with each successive class. Becoming familiar with Italian culture will also be a goal of the course.

**Instructor: Hank Schmelzer** studied Italian for 12 years at Berlitz School in Boston and has traveled and conversed extensively in Italy during some 70 visits to the country. His favorite area in Italy is the mountains of the Dolomites where he and his wife have skied and hiked every year for over 30 years. He is a faithful reader of Italian literature from Pirandello to Eco, including popular Italian detective stories. He has taught several courses at ASC on Italian language, conversation and culture. Hank had a career in financial services in Boston, serving as a lawyer and president of a small mutual fund company. He was a fellow at the Kennedy school at Harvard and served as president of the Maine Community Foundation.

**Site:** Clark Room, Southwest Harbor Public Library, 338 Main Street, Southwest Harbor.

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*Scholarships are available. Please contact ASC for more information!*

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## Becoming a Better Photographer

4 - 8 students;

4 weeks: February 6, 13, 20, 27

9:30 - 11:30 a.m.

What makes a photograph worth hanging on the wall or sharing on Facebook? The first step in becoming a better photographer is to recognize what makes a good image. Next you must apply that knowledge to your own work. As you develop the skills to capture this vision you will become a more satisfied artist. In this course we will look at the elements that make a good image. We'll study the works of the masters and analyze our own images. Come prepared to share your photographs and to give and accept constructive criticism.

**Instructor: Bob Thayer** taught high school science for 30 years and has been a park naturalist for over 30 years. Throughout this time he has been a professional photographer. His photographic interests are in capturing the natural environment, but he also has interests in everything from portrait to abstract photography. He has written several books on Acadia National Park and has many published images. Throughout his career Bob has had a particular interest in producing multimedia programs.

**Site:** Camden National Bank, Town Hill.

# THURSDAY

## **Island and Acadian Passages, Part II: Conservation to Resilience**

10 - 25 students

6 weeks: January 17, 24, 31, February 7, 14, 21

9:30 - 11:30 a.m.

This course will explore six passages in the development of Mount Desert Island and Acadia National Park since establishment of the park in 1916: 1) Mr. Rockefeller's Roads: The Great Acadian Sculpture 1912-1958, 2) A New Deal for Acadia: The Civilian Conservation Corps 1933-1942, 3) Conflagration and Community: The Fire of 1947, 4) Transitions, Boundaries and Friends: 1960-1986, 5) Friends of Acadia – the First 33 Years 1986-2019, and 6) Acadia in the Anthropocene. The course will combine illustrated presentations and co-learner discussion.

**Instructor: Jack Russell** was born on MDI and educated in its schools and community. He continued learning at Philips Exeter, Marlboro College, Brown University and Antioch Graduate School. He has taught many courses for ASC. An Acadia lover from his youth, Jack has written and spoken on the history of the park, helped to conserve ANP as a member of the Friends of Acadia Board, and helped to conceive, plan and execute the Acadia Centennial in 2016.

**Site:** Mellon Room, Northeast Harbor Library, 1 Joy Road, Northeast Harbor.

## Shakespeare: Fun and Adventures with Prince Hal and Falstaff

8 - 15 students

5 weeks: January 24, 31, February 7, 14, 21

1:00 - 3:00 p.m.

**Hal:** A young prince who avoids his duties because he would prefer to hang out in a tavern with his buddies, petty criminals who enjoy their ale.

**King Henry IV:** A disappointed father who needs his son's support as his crown is threatened.

**Falstaff:** A chubby, jovial old knight who likes pranks and puns.

**Hotspur:** A young nobleman who is out to topple the king and restore his family's honor.

We will read and discuss one of Shakespeare's greatest history plays and watch some performances on film.

**Instructor: Ann Caswell** is a NH native who taught English literature and writing in Philadelphia Public Schools for thirty years. She has a degree in English from Connecticut College and has done graduate work at UC Berkeley and Arcadia University. Active on the ASC Board and several committees, she has previously taught ACS courses on Nature Writing and "Othello."

**Site:** Clark Room, Southwest Harbor Public Library, 338 Main Street, Southwest Harbor.

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*Acadia Senior College offers intellectual stimulation, practical knowledge, social interaction, and fun for adults over 50.*

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## Bird Carving with a Knife

2 - 12 students

4 weeks: January 17, 24, 31, February 7

1:00 - 4:00 p.m.

Work with Gilley Museum artist Steve Valleau to create a bird carving over four classes. Focused on knife carving, the class will teach participants the basics of knife technique, surface decoration, and painting. All tools and instruction will be provided as part of the class and participants will be invited to show their work in our annual May Carving Show. Steve Valleau has been teaching the art of bird carving at the Wendell Gilley Museum for over 30 years.

**Instructor: Steve Valleau** is the full-time Artist at the Wendell Gilley Museum and has been teaching the art of bird carving there for over thirty years. Steve has a background in the arts and biology and is knowledgeable about both carving and ornithology. He has taught classes on bird carving in a wide variety of formats from short 2 hour classes to 10 week project-based group classes.

**Site:** Wendell Gilley Museum, 4 Herrick Road, Southwest Harbor.

## FRIDAY

No Friday classes this term.



*Photo: Jared Hansen*

# REGISTRATION FORM • WINTER 2019

Please use one form per member.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

***Online registration opens  
November 1st at 10:00 a.m.***

**Registration forms sent by postal mail  
will be processed beginning November 4th.**

Course One: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Course Two: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Course Three: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Number of courses you are taking:

\_\_\_ 1 Course: \$60      \_\_\_ 2 Courses: \$95  
\_\_\_ 3 Courses: \$130      \_\_\_ 4 Courses: \$165

Total Course Fees: \_\_\_\_\_

Annual Membership Fee: \_\_\_\_\_  
(\$35 per year, or \$90 for 3 years)

Additional donation: \_\_\_\_\_

**TOTAL DUE:** \_\_\_\_\_

Please make check payable to Acadia Senior College

\_\_\_ Cash      \_\_\_ Check      \_\_\_ Credit Card

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

## **ONLINE REGISTRATION**

**Opens at 10:00 a.m. on November 1, 2018**

**Closes at midnight on November 30, 2018**

**[www.acadiaseniorcollege.org/courses](http://www.acadiaseniorcollege.org/courses)**

- You must be an ASC member to register for courses, and your membership must be active through the end of the term (February 28, 2019).
- Registration is on a first come, first served basis.
- You may register for more than one course online or by postal mail.
- Registration forms received by postal mail will be processed beginning November 4, 2018.
- When registering by mail please fill out the registration form completely. You may list alternate classes in case your first choice(s) is/are filled.
- Registration requests received after November 30, 2018 will be honored with office and instructor approval. In these cases, students must purchase their own books.

**IMPORTANT: You must know your username and password to login and register for courses online. Please take a moment to login to the website before registration starts. If you need help please call or email.**

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Mailing address:

PO Box 475

Southwest Harbor, ME 04679

207-288-9500

[learn@acadiaseniorcollege.org](mailto:learn@acadiaseniorcollege.org)

[www.acadiaseniorcollege.org](http://www.acadiaseniorcollege.org)

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ACADIA SENIOR COLLEGE  
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ORGANIZATION  
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