



ACADIA SENIOR COLLEGE

# WINTER 2020

Registration Opens  
December 4, 2019

## ONLINE REGISTRATION

**Opens at 1:00 p.m. on December 4, 2019**  
**Closes at midnight on December 16, 2019**

**[www.acadiaseniorcollege.org/courses](http://www.acadiaseniorcollege.org/courses)**

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**WINTER 2020 TERM**  
**JANUARY 6 – MARCH 13, 2020**

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## Courses at a glance

### MONDAY

#### **When God Was a Woman**

*Instructor: Carol Leonard*

9:30 – 11:30 a.m.

Meeting Room, St. John Episcopal Church, SWH

#### **Travel Tales and Dreams**

*Instructor: Abigail Conrad*

1:00 – 3:00 p.m.

Chambers Room, YWCA, Bar Harbor

### TUESDAY

#### **Preserving New England's Gardens**

*Instructor: Valencia Libby*

9:30 – 11:30 a.m.

Birch Bay Village Inn Library, Hulls Cove

#### **Spiritual Wisdom from Hawaii and India**

*Instructor: Richard Parker*

9:30 – 11:30 a.m.

St. Saviour's Episcopal Church, Bar Harbor

#### **Short Stories of Honoré de Balzac**

*Instructor: Annemarie Quin*

12:30 – 2:30 p.m.

Mellon Room, Northeast Harbor Library

## WEDNESDAY

### **Evolution of Thinking on MDI Geology**

*Instructor: Duane Braun*

9:30 – 11:30 a.m.

Undercroft, St. John Episcopal Church, SWH

### **Becoming a Better Photographer**

*Instructor: Bob Thayer*

9:30 – 11:30 a.m.

Camden National Bank, Town Hill

### **Homemade Bread!**

*Instructor: Mary Vekasi*

9:30 – 11:30 a.m.

Vekasi home kitchen, Southwest Harbor

## THURSDAY

### **Without Reverence Things Fall Apart**

*Instructor: William Bigelow*

9:30 – 11:30 a.m.

Mellon Room, Northeast Harbor Library

### **Morning Mosaic**

*Instructor: Liz Cutler*

9:30 – 11:30 a.m.

ArtWaves Studio, Town Hill

### **Carving a Common Loon**

*Instructor: Steven Valteau*

1:00 – 3:00 p.m.

Wendell Gilley Museum, Southwest Harbor

## FRIDAY

**No classes.**

# MONDAY

## When God Was a Woman

**9:30 – 11:30 a.m.**

6 weeks: January 13, 20, 27, February 3, 10, 17  
10 – 15 students

This course offers a feminist perspective on mythology, anthropology, sexuality and religion and traces major figures, myths, concepts and symbols back to their pre-patriarchal origins. The course will cover a broad philosophy of harmony with nature, of human concord, sexual liberation, and feminist spiritual consciousness, as expressed and celebrated in a wild worship of the Universe.

**Instructor: Carol Leonard** is a retired midwife and writer. She wrote for the Bangor Daily News on her blog “Bad Beaver Tales.” She was the first midwife licensed to practice legally in NH and has attended close to 1200 babies born safely in their own homes. She co-founded the Midwives Alliance of North America (MANA), representing midwives in the US, Canada, and Mexico. Carol was elected the second president of MANA in 1986. She has authored several books, including her 2010 memoir, *Lady’s Hands, Lion’s Heart: A Midwife’s Saga*. Her new 2019 book, *Bad Beaver Tales: Love and Life in Downeast Maine*, is available on Amazon.

**Site:** New Meeting Room in St. John Episcopal Church, 315 Main Street, Southwest Harbor.

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**Scholarships are available. Please contact ASC for more information!**

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## Travel Tales and Dreams

**1:00 – 3:00 p.m.**

4 weeks: January 27, February 3, 10, 24

4 – 20 students

**NOTE:** there will be NO CLASS on February 17.

Have you been dreaming of traveling somewhere “exotic” someday? Or have you actually been somewhere fabulous and still want to talk about it, but exceeded the enthusiasm of your friends and relatives for the subject? Come share your experiences with other travel enthusiasts. We will explore favorite destinations, alternative travel modes, helpful packing hints, and any other travel topics YOU want to entertain.

**Instructor: Abigail Conrad** has a PhD in Developmental Biology and taught lecture classes and laboratory procedures at the college level for 35 years. However, of relevance to this proposed class, she has been an eager visitor to cultures around the world for 55 years and has lived for extended periods in Germany, England, and France.

**Site:** Chambers Room in the YWCA, 36 Mount Desert St., Bar Harbor.





# TUESDAY

## Preserving New England's Gardens

**9:30 – 11:30 a.m.**

4 weeks: February 11, 18, 25, March 3

7 – 18 students

This course will examine New England's changing landscape design styles over 250 years and discuss how historic landscape preservation works and doesn't work. This class will give students an overview of New England's garden history to enrich their future travel.

**Instructor: Valencia Libby** is a retired associate professor of landscape architecture and horticulture at Temple University. In 2004 she served as the Fulbright Distinguished Chair in Landscape History in Portugal. She has authored numerous articles on landscape preservation and women's history. Val has previously presented similar classes for ASC in 2016 and 2017.

**Site:** Birch Bay Village Inn Library, Village Inn Road, off Crooked Road, Hulls Cove.



*"Aspet" Saint-Gaudens National Historic Park, Cornish, NH  
- Val Libby (2018)*

## Spiritual Wisdom from Hawaii and India

**9:30 – 11:30 a.m.**

6 weeks: January 7, 14, 21, 28, February 4, 11  
8 – 15 students

Many lifelong spiritual seekers believe that the ancients possessed the necessary insight to live the most meaningful lives. This discussion-based class will focus on two lineages of this ancient wisdom. The Yoga Tradition is thousands of years old, and the class will examine Patanjali Yoga from the perspective of teacher and writer Michael Stone. The class will also take a deep dive into the sophisticated, mystical traditions of ancient Hawaii through the teachings of the revered spiritual elder Hale Makua. A small and optional part of each class will be devoted to meditation techniques from both traditions. In addition, participants will be encouraged to share their own spiritual practices. This will be a chance to learn from each other.

**Instructor: Richard Parker** holds a doctorate in Education from Penn, a master's degree from Dartmouth, and BA degrees in Religion and English from Middlebury. He taught English and Religion for over 40 years and was Head of School at Chestnut Hill Academy in Philadelphia for many years. Currently, a major focus of his teaching is in yoga, meditation, and modern shamanism. He teaches a weekly yoga class at Destination Health in Bar Harbor.

**Site:** Dining Room in St. Saviour's Episcopal Church, 41 Mount Desert St., Bar Harbor.

## Short Stories of Honoré de Balzac

**12:30 – 2:30 p.m.**

4 weeks: January 7, 14, 21, 28

8 – 12 students

This course will explore the internationally acclaimed short stories of Honoré de Balzac (the French Charles Dickens), and will discuss the influences of evil and goodness, truth and deceit upon the finely drawn characters who inhabit the narratives. “An Episode of the Reign of ‘Terror,’” “La Grande Bretèche,” and “A Passion in the Desert” are among the selections.

**Instructor: Annemarie Vickers Quin** received her BA in History at Chestnut Hill College in Philadelphia, where historian Dr. John Lukacs was her major professor and advisor. She received her doctorate from the University of Maine and conducted postdoctoral study at Penn and at the Summer Literary Seminars in St. Petersburg, Russia. Annemarie has taught world literature for more than 30 years, including four courses previously with Acadia Senior College. Annemarie chooses a new focus each year to entice returning students. Class sessions are marked by a lively discussion.

**Site:** Mellon Room in the Northeast Harbor Library, 1 Joy Road, Northeast Harbor.

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*Acadia Senior College offers intellectual stimulation, practical knowledge, social interaction, and fun for adults over 50.*

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# WEDNESDAY

## Evolution of Thinking on the Geology of MDI from 1836 to Now

**9:30 – 11:30 a.m.**

6 weeks: January 8, 15, 22, 29, February 5, 12  
10 – 25 students

Geologists have been visiting MDI since 1836 to view the exceptional exposure of a variety of rock types and explain their origin. MDI has been used as a testing ground for fundamental geologic concepts such as the origin of granite and the depression of the crust by the weight of the continental glacier. This course will examine the work on MDI of geologists in the context of the state of geologic knowledge in the eras in which they were working. The emphasis will be on how geologic thinking changed over time with the increase in geologic knowledge since 1836.

**Instructor: Duane Braun** holds a PhD from Johns Hopkins University and was a Geosciences Professor at Bloomsburg University, Pennsylvania, where he taught Environmental and Physical Geology, Geomorphology, Hydrogeology, and Field Geology. He also mapped the glacial deposits of northeastern Pennsylvania for the state Geologic Survey, taught Geology for Acadia Senior College, and revised the geologic maps of MDI for the Maine Geologic Survey.

Ruth and Duane Braun co-authored *Guide to the Geology of Mount Desert Island and Acadia National Park*, 2016.

**Site:** The Undercroft of St. John Episcopal Church, 315 Main Street, Southwest Harbor.

## Becoming a Better Photographer

**9:30 – 11:30 a.m.**

4 weeks: February 5, 12, 19, 26

4 – 8 students

What makes a photograph worth hanging on the wall or sharing on Facebook? The first step in becoming a better photographer is to recognize what makes a good image. Next you apply that knowledge to your own work. As you develop the skills to capture this vision, you will become a more satisfied artist. In this course, we will look at the elements that make a good image. The course will study the works of the masters and analyze each student's own images. Come prepared to share photographs and to give and accept constructive criticism.

**Instructor: Bob Thayer** taught high school science for 30 years and has been a park naturalist for over 30 years. Throughout this time he has been a professional photographer. His photographic interests are in capturing the natural environment, but he also has interests in everything from portrait to abstract photography. He has written several books on Acadia National Park and has many published images. Throughout his career Bob has had a particular interest in producing multimedia programs.

**Site:** Camden National Bank, State Route 102, Town Hill.

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**WINTER 2020 TERM**

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## Homemade Bread!

**9:30 – 11:30 a.m.**

4 weeks: January 22, 29, February 5, 12

1 – 4 students

This four-week hands-on course will be conducted in Mary's home kitchen. The class will bake a variety of loaves using both commonly available commercial grains and interesting alternative and heritage grains. The students will create their own sourdough starter and share fun experiences and recipes. Students will need to complete some bread making processes at home and bring their own large mixing bowl.

**Instructor: Mary Vekasi** has been a bread-maker for 40 years, creating healthy food for her family and friends, including those with special dietary needs. She looks forward to sharing her knowledge with ASC students.

**Site:** Vekasi home kitchen, Southwest Harbor (directions provided upon enrollment.)



# THURSDAY

## Without Reverence Things Fall Apart

**9:30 – 11:30 a.m.**

4 weeks: January 16, 23, 30, February 6

3 – 12 students

What is reverence? Why is it considered one of the four classic virtues? Is it different from religion or spirituality? Using Paul Woodruff's book *Reverence: Renewing A Forgotten Virtue*, we will explore the concept and practice of reverence from ancient China and Greece to the present. No previous knowledge of philosophy or psychology is needed.

**Instructor: William Bigelow** has a MDiv degree from Andover-Newton Theological School and studied for five years at the C. G. Jung Institute, Boston. For thirty years, he served as minister and pastoral counselor for several churches on Mount Desert Island. This course is his tenth for Acadia Senior College.

**Site:** Mellon Room in the Northeast Harbor Library, 1 Joy Road, Northeast Harbor.

## Morning Mosaic

**9:30 – 11:30 a.m.**

4 weeks: January 30, February 6, 13, 20

5 – 10 students

This class will begin with seeing possibilities and planning a design, observing a demonstration of glass cutting, and then selecting materials to create a mosaic piece or pieces for a wall or window.

**Instructor: Liz Cutler** is the founder of ArtWaves, MDI's community studio arts center. Liz is a full-time artist engaged in a sustained investigation of shape and color on form across multiple media. She has mosaiced stained glass

incorporating a variety of objects for 9 years. She has a BFA in painting and is currently working on her MFA.

**Site:** ArtWaves Studio, State Route 102, Town Hill (next to Town Hill Market).

## Carving a Common Loon

**1:00 – 3:00 p.m.**

4 weeks: January 23, 30, February 6, 13

5 – 10 students

Students will carve and finish a miniature (six-inch) loon in basswood. The students will receive a roughed out blank and will be able to finish the piece with a varying amount of detail. Students wishing to borrow a knife may do so to create more detail on their bird than possible in the allotted time. Approximately one-half of the class will be devoted to carving and one-half to painting.

**Instructor: Steven Valteau** has a Biological Sciences degree from Indiana University. From 1981 to 1985, he was a full-time bird carver based in his hometown of Orono, ME. During that time, he began teaching adult education classes in bird carving. Steven began demonstrating and teaching carving at the Wendell Gilley Museum in the summer of 1985. He has taught carving at local MDI schools during their annual Arts Weeks, starting at Mount Desert Elementary School in 2010. In the summer of 2018, he taught a Carving with Knives session at Shakerag in Sewanee, TN, and a Sandpiper class in the village of St. Germaine de Belves in southern France. Steven has been carving loons every year for 35 years. This will be his second carving class for ASC.

**Site:** Wendell Gilley Museum, 4 Herrick Road, Southwest Harbor.

# REGISTRATION FORM • WINTER 2020

Please use one form per member - make a copy if needed.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

***Online registration opens  
at 1:00 p.m. on December 4th  
Registration forms sent by postal mail and  
received prior to registration will be processed  
starting at 2:00 p.m. on December 4th.***

Course One: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Course Two: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Course Three: \_\_\_\_\_

Alternate Course: \_\_\_\_\_

Number of courses you are taking:

\_\_\_ 1 Course: \$60      \_\_\_ 2 Courses: \$95  
\_\_\_ 3 Courses: \$130      \_\_\_ 4 Courses: \$165

Total Course Fees: \_\_\_\_\_

Annual Membership Fee: \_\_\_\_\_  
(\$35 per year, or \$90 for 3 years)

Additional donation: \_\_\_\_\_

**TOTAL DUE:** \_\_\_\_\_

Please make check payable to Acadia Senior College  
\_\_\_ Check    \_\_\_ Credit Card

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CVC Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_



## ONLINE REGISTRATION

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**Closes at midnight on December 16, 2019**

**[www.acadiaseniorcollege.org/courses](http://www.acadiaseniorcollege.org/courses)**

- You must be an ASC member to register for courses, and your membership must be active through the end of the term (March 13, 2020).
- Registration is first come, first served.
- You may register for more than one course either online or by postal mail.
- Registration forms sent by postal mail and received prior to registration will be processed starting at 2:00 p.m. on December 4th.
- When registering by mail, please fill out the registration form completely. You may list alternate classes in case your first choice(s) is/are filled.
- Registration requests received after December 16, 2019 will be honored with office and instructor approval. In these cases, students must purchase their own books.

**IMPORTANT: You must know your username and password to log in and register for courses online. Please take a moment to log in to the website before registration starts. If you need help please call or email.**

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Southwest Harbor, ME 04679

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